Bobath (NDT)  
Neurodevelopmental Therapy

What is Bobath?
Bobath is a functional, holistic and therapeutic approach for children with a neurological impairment. Bobath incorporates involvement of all systems including motor and sensory systems with an emphasis on handling techniques to facilitate movement and positioning to increase the development of functional skills which can be incorporated into everyday activities and play. Bobath is a goal-directed approach and aims to upskill families/carers working on goals including sitting, standing, walking which enables children to participate in activities at home, school and the community.

Therapists who use Bobath have:
- An in-depth understanding of normal movement and its variations
- The skill to analyse a child’s pattern of movement,
- Effective handling and facilitation techniques to support desired movements while preventing undesired movements.
- The skill to support parents and carers to learn about movement and handling

What is involved?
- Comprehensive assessment by a Bobath trained therapist
- Individual sessions at your home working towards specific functional goals directed by you
- Coaching and supporting you to use effective techniques and handling skills
- Equipment prescription to support the continuation of Bobath therapy

How can I access Bobath through Senses Australia?
- Better Start for Children with Disability Initiative (for eligible children)
- Medicare Items for the Better Start for Children with Disability Initiative
- Medicare rebate for Allied Health Services through GP referral
- Fee for Service
- Provided as part of a comprehensive disability service

For more information please contact Rebecca Lamhut, Coordinator Children’s Services: Rebecca.lamhut@senses.org.au or 0431 124 648.